



TOTAL FAMILY CARE
Dr. Hylton Lightman, Medical Director

30 November 2018

Dear TFC Patient,

Effective January 1, 2019, this practice will no longer be seeing adults age 27 years and older.

We are returning to our original mandate and will be focusing solely on pediatrics and adolescent medicine.

This has been a difficult decision to reach. I value and respect each and every patient and consider you extended family.

However, health insurance companies state guidelines for adult care. These guidelines differ significantly from pediatric and adolescent health care and they are beyond the scope of this practice.

In your search for a new physician, you may wish to consider Dr. Neil Smith at Arsenio Medical (516-374-5024) or Dr. Zev Carrey at Mt. Sinai Five Towns (516-563-7200).

Thank you for having entrusted your health care to me and this practice.

I wish you only the best in your endeavors.

Yours sincerely,

Hylton I Lightman, MD DCH (SA) FAAP
President and Medical Director